



AQUINAS
HOUSE OF STUDIES
SCHOLÉ ACADEMY

MIDDLE SCHOOL - SUMMER COURSE

Girl Genius

Course Description

This summer course is designed for girls entering grades 5-9 and will introduce the writings of St. John Paul II and what he called the *Feminine Genius*, at an age appropriate level that engages both the head and heart. Each class, girls can expect to experience prayer, discussion, journaling time, Bible study, in addition to hearing more about the dignity that God has given. The hope is that this course will help them navigate a world that gives them mixed messages of their worth.

"For the Lord sees not as man sees; man looks on the outward appearance, but the Lord looks on the heart." 1 Samuel 16:7

Course Times

One week "camp"
Five sessions
M-F June 24-June 28
4:30pm-6:30pm ET



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Instructor

Mrs.
Tisha
Frost



It is thus my hope, dear sisters, that you will reflect carefully on what it means to speak of the "genius of women", not only in order to be able to see in this phrase a specific part of God's plan which needs to be accepted and appreciated, but also in order to let this genius be more fully expressed in the life of society as a whole, as well as in the life of the Church.

Letter to Women - St. John Paul II

Required Materials

We will be using the study guide, Loving Leadership, the third book in a three part middle school series entitled, Girl Genius, written and published by ENDOW (Educating on the Nature and Dignity of Women).

The study guide walks the girls through writings of St. John Paul II, documents of the Catholic Church, Scripture passages, and stories of the Saints; all of which show the intrinsic dignity God has given us.

**Note: this book is only available through endowgroups.org
It is available in ebook form.*

A Bible is recommended but not required.



Course Overview

Class 1: Servant Leadership: The Humble Heart

Class 2: Mission in Leadership: Called to Love

Class 3: Leadership Tested: A Journey of Faithfulness

Class 4: Enduring Leadership: Persevering in Faith

Class 5: John Paul II, TOB, Other ENDOW studies

Class Time:

- Prayer
- Reading Aloud
- Small Groups
- Journaling
- Games

About the Instructor

Tisha Frost has been teaching in a variety of settings over the last 20 years after following one of the best pieces of advice she was ever given, “Be who God created you to be and you will set the world on fire” (attributed to St. Catherine of Siena). This inspired her to study both history and theology during her undergraduate years. She obtained a B.A. in American Studies, with a minor in Theology from the University of Notre Dame. She also holds a Master of Education from the University of Notre Dame, specializing in Middle School and High School Social Studies. Through her experiences of teaching many students, including her own children, she has seen the need for restful education that is focused on the true, good, and beautiful. Tisha resides in Northern Minnesota with her husband and seven children. When she has a moment to herself, she enjoys children’s literature, British mysteries, good movies, and baking.